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QUARTERLY TAPE

Unity

Tape 4 of the *Co-Creating Series*.

The last exercise in this series is an aid for evoking creative energy in your daily physical life, whenever it seems appropriate. At times your experience in ordinary reality may not be in accord with your inner reality. Whatever the reasons for the incongruity, it is desirable to reexamine your thinking and emotions at such times and realign them with your original intention and goals. Unity will help you accomplish this.

By so doing, you can find balance and, hopefully, we will all draw closer to the time when equanimity manifests in the day-to-day lives of everyone. Compassion for self and others is the key.

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